

Just Between You and Me

A Parent-Child Keepsake Journal



Parent

What I Love

Favourite food:

Favourite movie:

Favourite song:

Favourite past time:

What I say a lot:

Me

What I Love

Favourite food:

Favourite movie:

Favourite song:

Favourite past time:

What I say a lot:

Parent

We Are

How we are similar:

How we are different:

What I admire about you:

Me

We Are

How we are similar:

How we are different:

What I admire about you:

Parent

Family Life

What I love doing with my family:

My favourite family memories:

What I wish we did less:

Me

Family Life

What I love doing with my family:

My favourite family memories are:

What I wish we did less:

Parent

This Happened

Unexpected things:

Happy things:

Embarrassing things:

Me

This Happened

Unexpected things:

Happy things:

Embarrassing things:

Parent

Happiness Is

Thoughts that make me happy:

What makes me energised:

What makes me confident:

Me

Happiness Is

Thoughts that make me happy:

What makes me energised:

What makes me confident:

Parent

Feeling Down

What makes me sad:

When I feel upset, I want to:

What makes me feel better:

Me

Feeling Down

What makes me sad:

When I feel upset, I want to:

What makes me feel better:

Parent

Growing Up

My favourite game:

My favourite toy:

My dream job:

Me

Growing Up

My favourite game:

My favourite toy:

My dream job:

Parent

You and Me

What I love about you:

What I love about us:

What I wish we could do more of:

Me

You and Me

What I love about you:

What I love about us:

What I wish we could do more of: